



# BRITISH COLUMBIA HERBALISTS ASSOCIATION

## Education Guidelines for HA Membership

Herbal Advocates are required to have the core curriculum of Human Sciences, Nutrition, Clinical Sciences, Plant Chemistry and Pharmacology, Pharmacognosy and Dispensing, Practitioner Development and Ethics, Practitioner Research and Clinical Practice

The total hours need to add to a minimum of 1200.

HA Educational Requirement -- Course/Training	Hours
<p><b>Core Curriculum of Herbal Training</b>            Philosophy(s) of Western Herbalism            Plant Chemistry            History of Western Style Herbal Medicine            Ethics and Regulations</p> <p>Herbal Pharmacology            Safe Use of Herbs</p> <p>Therapeutic Interactions            Materia Medica and Herbal Therapeutics (*minimum 250 hours)            Herbal pharmacokinetics            Herbal Energetics</p> <p>Botany and Plant Identification            Horticulture Gardening            Environment and Conservation            Permaculture            Wild crafting            Herbarium            Environment and Conservation</p>	<p><b>500</b></p>
<p><b>Basic Human Sciences:</b>            Anatomy, physiology, pathophysiology, histology, embryology, microbiology,</p>	<p><b>350</b></p>

<p>pediatrics, gynecology, geriatrics, dermatology, biochemistry, midwifery, psychology, etc.</p> <p><b>Nutrition Based Therapies:</b>  Nutritional supplements  Food Ecology  Nutrients and diet  Evolution of cultural diets  Food Based therapy  Nutritional Therapeutics  etc.</p>	
<p><b>Other Healing Art Training:</b></p> <ul style="list-style-type: none"> <li>• Business skills, career prep</li> <li>• Research skills</li> <li>• Laboratory Science: interpreting and analyzing medical diagnostic tests</li> <li>• Plant Spirit Medicine</li> <li>• Aromatherapy</li> <li>• Flower Essences</li> <li>• Herb Walks</li> <li>• Energetics of herbal medicine</li> <li>• Energetic modalities: reiki, healing touch, hands on healing</li> <li>• Study of Additional Natural Health Products (nutritional supplements)</li> <li>• Study of Additional Complementary Alternative Methodologies (Oriental medicine, Ayurvedic medicine, Homeopathic medicine, Midwifery, Doula)</li> <li>• Alternative diagnostic techniques such as tongue diagnosis, iridology, and/or applied kinesiology etc.</li> <li>• Ethnobotany</li> <li>• Thesis</li> <li>• Any additional holistic training can be seen as additional elective hours</li> <li>• Additional hours over and above the required minimum hours OR advanced training in any of the above categories may also be used towards the elective hours.</li> <li>• etc.</li> </ul>	<b>350</b>
<p><b>TOTAL HA Educational Training</b></p>	<b>1200 Hours minimum</b>

Disclaimer: These are general guidelines of the minimal training in order to fulfill the Association's HA educational requirements. At the discretion of the Examining Board – the number of required hours can be adjusted among the various course categories.